Page 5, lines 18-22:

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The particularly preferable crude drugs capable of aiding digestion include Crataegi Fructus, Massa Medicata Fermentat, Raphani Semen, Fructus Hordei Germinatus, Fructus Oryzae Germinatus (Oryza sativa L.), Galli Stomachichum Corium, Asa Foetida, etc.

IN THE CLAIMS:

Please cancel claims 2 and 5 without prejudice to or disclaimer of the subject matter contained therein.

Please replace claims 1, 3, 4, 6 and 7 as follows:

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1. (Amended) A health food product comprising cholic acid at a daily dose of 10 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily does of 10 to 500 mg.

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- 3. (Amended) The health food product of claim 1, wherein the isoflavones are soybean isoflavones and the isoflavone glycosides are soybean isoflavone glycosides.
- 4. (Twice Amended) The health food product according to claim 1 further comprising a vitamin.
- 7
- 6. (Twice Amended) The health food product according to claim 1 further comprising at least one member selected from the group consisting of Ginseng (Panax Ginseng or Ginseng Radix; Panax ginseng C.A. Mey.), Codonopsitis Radix (Codonopsis pilosula (Franch.)Nannf.), Psuodostellariae Radix (Pseudostellaria heterophylla (Mig.) Pax ex Pax et Hoffm.), American Ginseng (Panax quinque folium L.), Astragali Radix (Astragalus membranaceus Bge.), Atractylodis Rhizoma (Atractylodes macrocephala Koidz. (A. ovata A.P.DC.)), Dioscoreae Rhizoma (Dioscorea batatas Decne.), Glycyrrhia (Glycyrrhizae Radix; Glycyrrhiaza uralensis Fisch.)), Jujube Fruit (Zizyphi Fructus, Zizyphus vulgaris; Zizyphus jujuba Mill.), Dulcium (malt sugar derived from Oryza seed; Saccharum